

## Kalon Hart - Love Is Surrender (2019)

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1. *Love Is Surrender* 4:54   2. *I Think You Know* 4:33   3. *Come On Out of the Rain* 3:30   4. *Hold On* 4:28   5. *The Same Love* 4:21   6. *Song from Bill (Don't Lose Yourself to My Mistakes)* 4:39   7. *Love in My Heart* 4:34

Kalon Hart's gentle acoustic songs connect to the spirit, but are rooted in the earth, and forged in the crucible of human experience. Using his creativity as a personal healing tool, he practices "emotional judo", redirecting traumatic memories into parables of healing to shine a light for those walking a similar path.

The name Kalon (rhymes with Galen) comes from ancient Greek and means "ideal, perfect beauty"; Hart is the male deer and also its homophone, heart. Thus the name Kalon Hart could be said to represent: songs from the heart and for the heart, speaking to our intrinsic beauty and perfection, inspired by nature and infused with love.

Kalon Hart is the alter ego of Rob Teehan, known now as a Los Angeles-based composer for film and television, and previously as a tuba player in his hometown in Toronto, where he escaped classical indoctrination to play with Lemon Bucket Orchestra, The Boxcar Boys, the Heavyweights Brass Band, and pretty much any other band that was musically adventurous enough to try out a tuba playing the bass line. Since arriving in Los Angeles in 2014, he has been apprentice to TV composer Sean Callery, a position which has given him the opportunity to work on many "big" TV shows as well as to master the art of studio feng shui (it's all about the cables).

Rob's resume used to mean a great deal to him, but something shifted when he began this new

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chapter. "When I write as Kalon Hart, " he says, "I'm connected to an energy that is much greater than my life story, and through that I'm able to channel deep and powerful songs about healing, about love, about connection to nature, and about spiritual awakening. This feels like the purest expression of my musical gifts, because it has the most potential to make a positive impact in the world."

Kalon Hart's debut album, "Love Is Surrender", coming in summer 2019, is a wide-ranging, seven-song meditation on the nature of love and emotions, in a style he likes to call "gentle Indie Americana", with shades of influence from Bon Iver, Gregory Alan Isakov, Trevor Hall, and S Carey. ---kalonhart.com

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